

Donate New and/or Slightly Used MP3, Ipods, Shuffles

Music Programs and Alzheimer's Disease

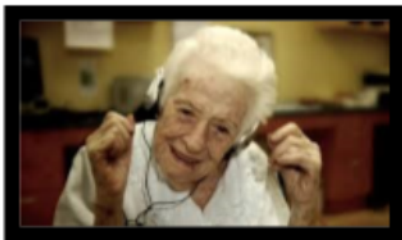
Recent news reports the amazing response people with Alzheimer's and Dementia have when listening to music. I have witnessed first hand the benefit of music that is 'specially played' for an individual.

Music in the Dementia Population:

- * Enhances quality of life and wellness
- * Reduces stress
- * Enhances Memory
- * Improves communication
- * Helps express feelings
- * Brings moments of joy



Chapin Home for the Aging wants to increase our opportunities to offer music as a source of positive stimulation/comfort. Help us increase our supply of individual music players to personalize music for our residents with Alzheimer's and other forms of Dementia



If you have a slightly used MP3 player, Apple Ipod, Apple Nano or Apple Shuffle to donate (or consider purchasing a new Apple Shuffle at \$49.) to help us share the gift of music.



*Oliver Sacks, Neurologist and Author:
.. people with Alzheimer's disease and other dementias can respond to music when nothing else reaches them. ... musical memory somehow survives the ravages of the disease, and even in people with advanced dementia, music can often reawaken personal memories and associations otherwise lost."*

Contact Kathy, Director of Recreation at x 2120 or email at Kferrara@chapinhome.org.
Donations can be left at the front desk or in the Activity Office in the Multi Purpose Room.

Thank you for your generosity.